



GOVERNMENT OF INDIA
MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP
DIRECTORATE GENERAL OF TRAINING

COMPETENCY BASED CURRICULUM

CERTIFICATE COURSE ON

SENIOR NAIL TECHNICIAN



NSQF LEVEL- 5

SECTOR : BEAUTY & WELLNESS

SENIOR NAIL TECHNICIAN

Duration: 320 Hours

NSQF LEVEL - 5

(Version: 1.0)

Designed in 2020

Developed By

Ministry of Skill Development and Entrepreneurship
Directorate General of Training
Sectoral Trade Course Committee of Beauty & Wellness Sector
&
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1. COURSE INFORMATION

1.1 GENERAL

The Directorate General of Training (DGT) under Ministry of Skill Development & Entrepreneurship offers a range of vocational training courses catering to the need of different sectors of the economy/ labour market. The vocational training programs of short term duration are intended for up skilling of NTC/ NAC pass out candidates. After passing out of the course, the trainee is awarded a competency based certificate approved by DGT.

Senior Nail Technician is of 320 Hours of duration and will be offered as add on after completing Cosmetology or other related courses under CTS/ATS.

In this course, Trainee will learn about the emerging new trends in cosmetology pedicure and manicure work in advance area, as per the requirement of ladies salon.

1.2 PROGRESSION PATHWAYS

- Can become Senior nail technician and will progress further as Nail trainer, Centre head saloon, Beauty & wellness quality assurer and can rise up to the level of Manager.
- Can become Entrepreneur in the related field.

1.3 COURSE STRUCTURE

Table below depicts the distribution of training hours across various course elements during a period of 8 weeks: -

S No.	Course Element	Notional Training Hours
1.	Professional Skill (Trade Practical)	240
2.	Professional Knowledge (Trade Theory)	80
	Total	320

1.3 ASSESSMENT & CERTIFICATION

The trainee will be tested for his skill, knowledge and attitude during the period of course through formative assessment and at the end of the training programme through summative assessment as notified by the DGT from time to time.

a) The Continuous Assessment (Internal) during the period of training will be done by Formative Assessment Method by testing for assessment criteria listed against learning

outcomes. The training institute has to maintain an individual trainee portfolio as detailed in assessment guideline.

b) The pattern and marking structure is being notified by DGT from time to time. The learning outcome and assessment criteria will be the basis for setting question papers for final assessment.

c) Assessment will be evidence based comprising the following:

- Job carried out in labs/workshop/Field
- Answer sheet of assessment
- Viva-voce
- Participation and punctuality

Evidences of internal assessments are to be preserved until forthcoming Block examination for audit and verification by examining body.

d) The minimum pass percentage for skill test is 60%.

2. JOB ROLE

Brief description of Job roles:

A Senior Nail Technician performs various duties such as manicure and pedicure and providing advanced nail care services like nail art, nail tips, nail enhancement. The Senior Nail Technician needs to be knowledgeable on health safety and hygiene, beauty products, and a range of basic nail care services and should be able to manage team & advice clients.

Pedicurist and Manicurist; Pedicurist and Manicurist needs to be aware of the basics of pedicure and manicure, health and safety, hygiene and needs to be knowledgeable about various beauty products. The role-holder is expected to independently provide services of pedicure and manicure while performing some other assisting services.

Summary of the Course:

During this duration of 'Senior nail technician, a candidate is trained on Professional Skill, Professional Knowledge related to job role. In addition to this, a candidate is entrusted to undertake project work, extracurricular activities and on-the-job training to build up confidence. The broad components covered under Professional Skill subject are as below:

- The trainee learns to develop good appearance and behaviour, practices tasks as per industry standard. He/she is trained to prepare and maintain work area and maintain health and safety at the workplace;
- Demonstrate manicure & pedicure and Sterilisation & sanitation of tools and equipments.
- Demonstrate different types of manicure & pedicure and identify common nail disorders.
- Apply different types of Nail Tips with due care and safety.
- Apply different types of Nail Wraps.
- Create different types of Gel Nails and remove them with due care and safety.
- Create different techniques of Nail Art with the help of gems, foils, striping tape, gold leaf and freehand painting.
- Create different types of Acrylic Nails and remove them with due care and safety.
- Create different techniques of Airbrush designing for Nails with due care and safety

Reference NCO-2015:

5142.0201 - Pedicurist and Manicurist

3. GENERAL INFORMATION

Name of the Trade	SENIOR NAIL TECHNICIAN	
Trade Code	DGT/8010	
Reference NCO - 2015	5142.0201	
NSQF Level	Level - 5	
Duration of Craftsmen Training	320 Hours	
Entry Qualification	<p>Passed 10th with NTC in Cosmetology or NAC in Beautician/ Hair & Skin Care Or Passed 12th with Beauty & Wellness Vocational course. Or Passed in Level 4 Short term course related to Nail art/ Manicure & Pedicure.</p>	
Unit Strength (No. of Student)	20	
Space Norms	70 Sq. m	
Power Norms	6 KW	
Instructors Qualification	<p>Post Graduate Diploma in the relevant field from Govt. recognized institutes with two years' experience in relevant field. OR Diploma (Minimum 2 years) in the Beauty Culture / Cosmetology from recognized board of education or relevant Advanced Diploma (Vocational) from DGT with two years' experience in relevant field. OR NTC/NAC passed in the trade of Hair & Skin Care /Cosmetology with 3 years' experience in relevant field.</p>	
List of Tools and Equipment	As per Annexure – I	
Distribution of training on hourly basis: (Indicative only)		
Total hours/ Week	Trade practical	Trade theory
40	30	10

4. LEARNING OUTCOME

Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.

4.1 LEARNING OUTCOMES

1. Demonstrate manicure & pedicure and Sterilisation & sanitation of tools and equipments.
2. Demonstrate different types of manicure & pedicure and identify common nail disorders.
3. Apply different types of Nail Tips with due care and safety.
4. Apply different types of Nail Wraps.
5. Create different types of Gel Nails and remove them with due care and safety.
6. Create different techniques of Nail Art with the help of gems, foils, striping tape, gold leaf and freehand painting.
7. Create different types of Acrylic Nails and remove them with due care and safety.
8. Create different techniques of Airbrush designing for Nails with due care and safety.

8. SYLLABUS

SYLLABUS – SENIOR NAIL TECHNICIAN

Duration: 320 Hours

Duration	Reference Learning outcome	Professional Skills (Trade Practical)	Professional Knowledge (Trade Theory)
Professional Skill 30 Hrs.; Professional Knowledge 10 Hrs.	Demonstrate manicure & pedicure and Sterilisation & sanitation of tools and equipments.	Demonstration & practice of manicure & pedicure Safety in the Salon Hygiene rules	<ul style="list-style-type: none"> • Knowledge of tools • Sterilisation & sanitation • Common chemicals used by nail • Technicians Protection of eye • Safety precaution/ Do's & don'ts • Contra Indications • Contra-action • After care/Home care
Professional Skill 30 Hrs.; Professional Knowledge 10 Hrs.	Demonstrate different types of manicure & pedicure and identify common nail disorders.	Different types of Manicure & Pedicure- <ul style="list-style-type: none"> • Paraffin treatment • French Manicure • Mani/ Pedi Spa • Hot oil manicure <ul style="list-style-type: none"> • Brazilian Manicure Etc, 	<ul style="list-style-type: none"> • Common Nail Disorders and their symptoms • Nail Anatomy • Bruised nails • Discoloured nails • Egg shell nails • Furrows • Hang nails • Leukonychia • Onychatrophia • Onychauxis • Tile shaped nails • Trumpet or Priner nail • Onychocryptosis • Onychophagy • Onychophosis • Onychorrhexis • Onychogryphosis • Onychosis • Onychia
Professional Skill 30 Hrs.; Professional	Apply different types of Nail Tips with due care and safety.	Demonstrate & Practice of Nail Tips application and their removal	<ul style="list-style-type: none"> • Nail Tips • Types of Nail Tips • Client consultation • Nail Tip application

Knowledge 10 Hrs.			<ul style="list-style-type: none"> • Nail Tip application Post Service • Nail Tip application Pre Service • Tip Removal • Safety precautions/Do's& don'ts • Contra Indications • Contra-actions • After care/Home care
Professional Skill 30 Hrs.; Professional Knowledge 10 Hrs.	Apply different types of Nail Wraps.	Demonstration & Practice of different types of Nail Wrap	<ul style="list-style-type: none"> • Nail Wraps • Definition & types of Nail wraps • Nail wrap Pre- Service • Client consultation • Nail wrap application • Nail Warp post service • Nail wrap maintenance • Nail wrap removal • Safety precautions/Do's& don'ts Contra Indications • Contra-actions • After care/Home care
Professional Skill 30 Hrs.; Professional Knowledge 10 Hrs.	Create different types of Gel Nails and remove them with due care and safety.	Demonstration & Practice Gel nails Application removal	<ul style="list-style-type: none"> • Gel Nails • Supplies of Gel Nails • Gel application Pre service • Client consultation • Light cured Gel application • Light cured Gel over forms procedure Gel refill and removal • Safety precautions/Do's & don'ts • Contra Indications • Contra-actions • After care/Home care
Professional Skill 30 Hrs.; Professional Knowledge 10 Hrs.	Create different techniques of Nail Art with the help of gems, foils, striping tape, gold leaf and freehand painting.	Creating different techniques of Nail art with the help of Gems, foiling, striping tape, Gold leafing, Freehand painting using an air brush	<ul style="list-style-type: none"> • Nail Art techniques • Basic rules of Nail art • Color Theory • Types of Nail Art • Client consultation • Safety precautions/Do's & don'ts • Gel Polish application and removal

			<ul style="list-style-type: none"> • After care
<p>Professional Skill 30 Hrs.;</p> <p>Professional Knowledge 10 Hrs.</p>	<p>Create different types of Acrylic Nails and remove them with due care and safety.</p>	<p>Demonstration & Practice of Acrylic Nails application & removal</p>	<ul style="list-style-type: none"> • Acrylic Nails • Supplies of Acrylic nails • Acrylic nail Pre service • Client consultation • Acrylic Nails procedure using forms • Acrylic Nail procedure using Tips • Acrylic nail post service • Acrylic nail refills • Safety precautions/Do's& don'ts • Contra Indications • Contra-actions • After care/Home care
<p>Professional Skill 30 Hrs.;</p> <p>Professional Knowledge 10 Hrs.</p>	<p>Create different techniques of Airbrush designing for Nails with due care and safety.</p>	<p>Demonstration & Practice of different techniques of Airbrush designing for Nails</p>	<ul style="list-style-type: none"> • Airbrush designing for Nails • Client consultation • products and equipment. • Airbrush designs(French ,Animal print ,Flowers, Flames Tropical ,Seasonal) • Airbrush technique(Contouring ,Stencilling ,Masking, Color fading ,Blending ,Free hand • Safety precautions/Do's & don'ts • Contra Indications • Contra-actions • After care/Home care

EXAMINATION

7. ASSESSMENT CRITERIA

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<p>1. Demonstrate manicure & pedicure and Sterilization & sanitation of tools and equipments.</p>	Check if treatment area prepared for manicure and pedicure according to health and hygiene requirements
	Check if all the materials and tools set up in the trolley as per requirement
	Check the condition of the nails to identify any disorder
	Check if hands and feet soaked and cleaned prior to the commencement of the treatment
	Check if nails clipped and filed
	Check if cuticle cream applied
	Check if sole of the feet cleaned and scrubbed
	Check if appropriate massage techniques used
	Check if nails painted with base coat, nail paint and top coat
	Check if specific after process advised to the client.
<p>2. Demonstrate different types of manicure & pedicure and identify common nail disorders.</p>	Check if treatment area prepared for manicure and pedicure according to health and hygiene requirements
	Check if all the materials and tools set up in the trolley as per requirement
	Check the condition of the nails to identify any disorder
	Check if hands and feet soaked and cleaned prior to the commencement of the treatment
	Check if nails clipped and filed
	Check if cuticle cream applied
	Check if sole of the feet cleaned and scrubbed
	Check if appropriate massage techniques used
	Check if nails painted with base coat, nail paint and top coat
	Check if specific after process advised to the client.
<p>3. Apply different types of Nail Tips with due care and safety.</p>	Check if treatment area and client prepared for service according to health and hygiene requirements
	Check if the suitable materials and tools selected and set up in the trolley
	Check if natural nails prepared for applying Nail tips
	Check if the Nail wraps applied suit the hands of the client and satisfy her or him
	Check if after care prescribed to the client
<p>4. Apply different types of Nail Wraps.</p>	Check if treatment area and client prepared for service according to health and hygiene requirements
	Check if the suitable materials and tools selected and set up in the trolley
	Check if natural nails prepared for applying Nail wraps
	Check if the Nail wraps applied suit the hands of the client and

	satisfy her or him
	Check if after care prescribed to the client
5. Create different types of Gel Nails and remove them with due care and safety.	Check if treatment area and client prepared for service according to health and hygiene requirements
	Check if the suitable materials selected and set up in the trolley
	Check if natural nails prepared for applying Gel nails
	Check if proper tools selected for creation and application of Gel nails
	Check if Gel nails created suit the hands of the client and satisfy her or him
	Check if gel applied cured with UV lamp
	Check if after care prescribed to the client
6. Create different techniques of Nail Art with the help of gems, foils, striping tape, gold leaf and freehand painting.	Check if treatment area and client prepared for service according to health and hygiene requirements
	Check if the suitable materials selected and set up in the trolley
	Check if natural nails prepared for applying Gel nails
	Check if proper tools used to create required design of nail art
	Check if Nail art created suits the hands of the client and satisfy her or him
	Check if after care prescribed to the client
7. Create different types of Acrylic Nails and remove them with due care and safety.	Check if treatment area and client prepared for service according to health and hygiene requirements
	Check if the suitable materials selected and set up in the trolley
	Check if natural nails prepared for applying Acrylic nails
	Check if proper tools selected for creation and application of Acrylic nails
	Check if Acrylic nails created suit the hands of the client and satisfy her or him
	Check if after care prescribed to the client
8. Create different techniques of Airbrush designing for Nails with due care and safety.	Check if treatment area and client prepared for service according to health and hygiene requirements
	Check if the suitable materials and tools selected and set up in the trolley
	Check if natural nails prepared for applying Airbrush designing
	Check if the SELECTED design applied suit the hands of the client and satisfy her or him
	Check if after care prescribed to the client

ANNEXURE-I

LIST OF TOOLS & EQUIPMENT			
SENIOR NAIL TECHNICIAN			
S No.	Name of the Tools and Equipment	Specification	Quantity
A. TRAINEES TOOL KIT			
1.	Maniure kit		20 Nos
2.	Pedicure kit		20 Nos
3.	Nail air brush kit		20 Nos
4.	Apron		20 Nos
5.	Towel	big/small	20 Nos
6.	Brush kit		20 Nos
7.	Manicure bowl		20 Nos
B. SHOP TOOLS & EQUIPMENT –			
8.	Manicure kit		20 Nos
9.	Pedicure kit		20 Nos
10.	Brush kit		20 Nos
(ii) List of Equipment			
11.	Pedicure foot spa		10 Nos.
12.	Manicure chair		10 Nos.
13.	Manicure table with lamp		10 Nos.
14.	Pedicure stool		10 Nos.
15.	Trolley		10 Nos.
16.	Dry sanitizer		02 Nos.
17.	Nail drilling machine with bits		05 Nos.
18.	Hot towel cabinet		02 Nos.
19.	Uv lamp		05 Nos.
20.	Wet sanitizer		02 Nos.
21.	Manicure Trolley		10 Nos.

C. Shop Floor Furniture and Materials -

22.	Almirah		02 Nos.
23.	Geyser		02 Nos.
24.	Lockers and drawers		1 each for trainees
25.	White board	Minimum 6x4 feet	1 No.
26.	Instructor's table and chair		01 No.

NOTE: If Above Tools, Equipments and general machineries are available with Cosmetology and related Trade running on the ITI the same may be utilized.

ANNEXURE-II

The DGT sincerely acknowledges contributions of the Industries, State Directorates, Trade Experts, Domain Experts and all others who contributed in designing/ revising the curriculum. Special acknowledgement is extended by DGT to the following expert members who had contributed immensely in this curriculum.

List of Expert Members contributed/ participated for finalizing the course curriculum of Senior Nail Technician.			
S No.	Name & Designation Shri/Mr./Ms	Organization	Remarks
1.	Ms. Swati Sethi, JDT,	RDSDE NCR Director/ Joint Director- Convenor	Convenor
2.	Sh. Raman Patil, ADT,	State Directorate of Maharashtra	Member
3.	Ms. Renu Gulati, VI,	Govt. ITI(W) Chandigarh	Member
4.	Sh. C. S. Murthy, JDT,	CSTARI Kolkata	Member
5.	Sh. N. Nath, DDT,	NIMI- Chennai	Member
6.	Ms. Sohini Guha, Sr. Manager	Standards & QA, B&W Sector	Expert
7.	Sh. Jatin Rai, Head- Franchise Development	VLCC Institute of Beauty & Nutrition	Expert
8.	Ms. Gunjan Gaur, Executive Director	Bharti Taneja's ALPS Academy	Expert
9.	Sh. Manish Mishra, ADT	Representative from RDSDE/ DGT	Member
10.	Sh. R.N. Manna, TO	CSTARI, Kolkata	Member
11.	Sh. Bharat Kumar Nigam, TO	CSTARI, Kolkata	Member
12.	Sh. Snehasish Bandyopadhyay, TO	CSTARI, Kolkata	Member
13.	Ashoke Rarhi, DDT	CSTARI, Kolkata	Member
14.	K.V.S. Narayana, Training Officer	CSTARI, Kolkata	Member
15.	P. K. Bairagi, Training Officer	CSTARI, Kolkata	Member
16.	Akhilesh Pandey, Training Officer	CSTARI, Kolkata	Member
17.	Ms. Sunita Bhatt, TO,	NSTI (W) Noida	Member
18.	Ms. Tanushree , TO	NSTI Panipat	Member
19.	Ms. Ruchi Chamoli, TO,	NSTI Noida	Member

20.	Ms. Kanika, TO,	DGT Hqrs.	Member
21.	Ms. Lakshmi Singha, TO,	NSTI Tura	Member
22.	Ms. Shweta, TO	NSTI (W) Kolkata	Member
23.	Ms. Manzil, TO	NSTI (W) Kolkata	Member
24.	Sh. B Biswas, Training Officer	CSTARI Kolkata	Member
25.	Ms. Richa Agarwal,	Cleopatra Chain of Beauty Wellness & Maintenance	Expert
26.	Ms. Harshada Tekke, Director(Education),	U Takke's Institute of Hair & Skin	Expert
27.	Ms. Satya Sharma, Academician & Trainer (Ex-Vice President (Technical),	VLCC	Expert
28.	Ms. Vaishali,	Lakme Training Academy, Mumbai	Expert
29.	Ms. Miriam Mathew, Managing Director,	Lobelia Spa & Wellness Academy	Expert